

OCTOBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Body Recall – MR 10:00 Chairacise – MR 3:30 <i>Bobby Anderson & Blue Ridge Tradition Bluegrass Band</i> - Chapel 7:00 Table Games – MR	2 10:00 Music Together Chapel 10:00 Yoga – AB 3:15 Bible Study – IR 3:30 Painting a Fall Scene Media Room	3 9:00 Body Recall – MR 10:00 Noodle Ball – MR 1:00 Shopping 3:30 ACT Poetry Reading Chapel Foyer	4 10:00 Music with Nan – MR 10:30 <i>On-Site Dermatology Presentation</i> - Chapel 2:45 Choir – Chapel 3:15 Chapel Service Communion	5 9:00 Body Recall – MR 10:00 Chairacise – MR 3:00 Movie on Channel 57 “Superman”	6 9:15 Rise-n-Shine with Laura BTU 10:00 “Sunday” School – MR 3:30 Falling Leaf Mobile Media Room
7 World Communion Day 10:55 Central United Methodist Church Worship Service on Channel 57	8 9:00 Body Recall – MR 10:00 Chairacise – MR 3:30 Coloring Club – MR 6:30 <i>Biltmore Church Orchestra Concert</i> - Chapel	9 10:00 Music Together Chapel 10:00 Yoga – AB 3:15 Bible Study – IR 3:30 Bowling – Chapel	10 <i>Book Sale in Lobby</i> 9:00 Body Recall – MR 10:00 Noodle Ball – MR 3:30 Book Review – MR 3:30 Hymn Sing - CHU	11 10:00 Music with Patty – MR 2:45 Choir – Chapel 3:15 Chapel Service	12 9:00 Body Recall – MR 10:00 Chairacise – MR 3:00 Movie on Channel 57 Pixar’s “The Incredibles”	13 8:45 Leave for Mission Service/Lunch 9:15 Rise-n-Shine with Laura CHU 10:00 “Sunday” School – MR 3:30 Poetry & Painting – MR 7:15 Leave for Symphony
14 10:55 Central United Methodist Church Worship Service on Channel 57	15 9:00 Body Recall – MR 10:00 <i>Health Center Residents Council</i> – MR 3:30 Coloring Club – MR 7:00 Table Games – MR	16 10:00 Music Together Chapel 10:00 Yoga – AB 3:15 Bible Study – IR 3:30 JINGO – MR	17 9:00 Body Recall – MR 10:00 Noodle Ball – MR 1:00 Shopping 3:00 <i>New Residents’ Reception</i> - Chapel	18 10:00 <i>Hymn Sing with Mills River UMC Choir</i> - Chapel 2:45 Choir – Chapel 3:15 Chapel Service	19 9:00 Body Recall – MR 10:00 Chairacise – MR 10:15 Independents to Grandad’s Apples N’ Such & Lunch in Henderson County 3:00 Movie on Channel 57 “The Rocketeer”	20 9:15 Therapy Dog – CHU 10:00 “Sunday” School – MR 3:30 Harvest Wreath Making Media Room
21 10:55 Central United Methodist Church Worship Service on Channel 57	22 9:00 Body Recall – MR 10:00 Chairacise – MR 3:30 <i>Native American Flute Presentation</i> – Chapel 7:00 Table Games – MR	23 10:00 Music Together Chapel 10:00 Yoga - AB 3:15 Bible Study – IR 3:30 Paper Mache Pumpkins Media Room	24 <i>United Nations Day</i> 9:00 Body Recall – MR 10:00 Noodle Ball – MR 3:30 October Birthday Party Main Dining Room	25 10:00 Music with Nan Media Room 2:45 Choir – Chapel 3:15 Chapel Service	26 9:00 Body Recall – MR 10:00 Chairacise – MR 3:00 Movie on Channel 57 TV show “Batman” 3:15 “Christians in the Holy Land” Presentation by Rev. Don Wagner – MR	27 9:15 Rise-n-Shine with Laura BTU 10:00 “Sunday” School – MR 1:00 Independents to CVS/Walgreens 3:30 Put together Goodie Bags for Children – MR
28 10:55 Central United Methodist Church Worship Service on Channel 57	29 9:00 Body Recall – MR 10:00 Chairacise – MR 3:30 Coloring Club – BTU Lounge 4:15 <i>Creation Care Event</i> Media Room 7:00 Table Games	30 10:00 Music Together Chapel 10:00 Yoga – AB 1:00 Shopping 3:15 Bible Study – IR 3:30 Marble Painting – MR	31 <i>Halloween Employee Seniority/Appreciation Lunch</i> 9:00 Body Recall – MR 10:00 Spooky Noodle Ball Media Room 3:00 <i>Costume Party Chapel</i>			MR – Media Room IR – International Room CHU – Cummings Unit AB – Activities Building BTU – Bancroft-Taylor Unit <i>Special concerts/events are in italics.</i> All activities outside the facility are in bold.