



BROOKS-HOWELL HOME MENU



October week4

	Sunday 21-Oct	Monday 22-Oct	Tuesday 23-Oct	Wednesday 24-Oct	Thursday 25-Oct	Friday 26-Oct	Saturday 27-Oct
Breakfast	Scrambled Eggs* Bacon* Waffles & Fruit* Maple Oatmeal Cold Cereal Toast Fresh Fruit	Cheese Omelet* Home Fries* Bacon* Muffins* Cold Cereal Toast Fresh Fruit	Scrambled Eggs* Stuffed French Toast* Canadian Bacon* Oatmeal* Cold Cereal Toast Fresh Fruit	Sausage Egg Biscuit* Fried Eggs Sausage Patty Strawberry Oatmeal* Cold Cereal Toast Fresh Fruit*	Scrambled Eggs* Sausage Links* Grits* Cold Cereal Toast Fresh Fruit	Scrambled Eggs&Cheese* Breakfast Potatoes* Bacon* Muffins* Cold Cereal Toast Fresh Fruit	Cheese Omelet* Fried Eggs Canadian Bacon* Biscuit & Gravy* Cold Cereal Toast Fresh Fruit
Dinner	Soup & Salad Chicken Dumpling House Salad* Fresh Fruit Entreés Pot Roast* Stuffed Salmon Sides Boiled Potatoes* Broccoli* Carrots Garlic Bread* Dessert Apple Pie*	Soup & Salad Corn Chowder House Salad Fresh Fruit Entreés Sweet & Sour Pork* Honey Glazed Turkey Sides Sweet Potato* Baked Squash* Sauteed Spinach* Mini Roll* Dessert Dessert Du Jour*	Soup & Salad House Vegetable Soup House Salad* Fresh Fruit Entreés Philly Cheese Sandwich* Seafood Pasta Sides French Fries* Garden Greens* Sauteed Mushrooms Dinner Roll* Dessert Brownie*	Soup & Salad Mexican Tortilla Soup Guacamole/ House Salad* Fresh Fruit Entreés Seasoned Baked Chicken* Tacos Sides Seasoned Rice* Homemade Refried Beans* Parmesan Tomatoes Biscuit* Dessert Pumpkin Moose*	Soup & Salad Soup Du Jour Garden Salad* Fresh Fruit Entreés Veggie Lasagna* Pulled Pork Sliders Sides Bean Medley Red Cabbage Slaw Carrots* Corn Bread* Dessert Assorted Desserts*	Soup & Salad Greek Lentil Soup Greek Salad* Fresh Fruit Entreés Marinated Tuna Medallions* Lamb Gyro Sides Greek Fries* Green Peas* Roasted Beets Dinner Roll* Dessert Norma's Dessert*	Soup & Salad Italian Wedding Soup House Salad* Fresh Fruit Entreés Turkey Meat Loaf* Baked Ziti Sides Mashed Potatoes* Green Beans* Yellow Squash Garlic Bread* Dessert Boston Cream Pie*
Dinner	Soup & Salad Vegetable Soup* House Salad Fresh Fruit Entreés Spaghetti Meatballs* Grilled Ham & Cheese Sides Sweet Fries Zucchini* Dessert Pudding*	Soup & Salad Soup Du Jour House Salad Fresh Fruit Entreés Salmon Cake* Grilled Chicken Tenders Sides Grits* Lima Beans* Sliced Bread* Dessert Cookie*	Soup & Salad Tomato Soup* House Salad Fresh Fruit Entreés Potato Chicken Casserole* Hot Dog Sides Green Beans* Breaded Okra Sliced Bread* Dessert Ice Cream*	Soup & Salad Chicken Noodle Soup Salad Fresh Fruit Entreés Quiche* Baked Potato Bar Sides Baked Potato * Broccoli* Dessert Egg Custard*	Soup & Salad House Salad Fresh Fruit Entreés Fried Chicken Tenders* Turkey Chili & Toast Sides Buttered Noodles* Squash Medley* Dinner Roll* Dessert Jello-O*	Soup & Salad Red Pepper Soup House Salad Fresh Fruit Entreés Chicken BLT* Marinated Steak Salad Sides Mac & Cheese* Mixed Vegetables* Dessert Apple Turnover*	Soup & Salad Beef Barley Soup House Salad Fresh Fruit Entreés Rueben Casserole* Tuna Fish Platter Sides Au Gratin Potatoes* California Blend* Sliced Bread* Dessert Donut*