



BROOKS-HOWELL HOME MENU



December Week 3

	Sunday 16-Dec	Monday 17-Dec	Tuesday 18-Dec	Wednesday 19-Dec	Thursday 20-Dec	Friday 21-Dec	Saturday 22-Dec
Breakfast	Scrambled Eggs* Pancakes* Bacon* & Sausage Oatmeal* Cold Cereal Toast Fresh Fruit	Ham & Cheese Omelet* Breakfast Potatoes* Bacon* Danish* Cold Cereal Toast Fresh Fruit	Scrambled Eggs* Waffle* Sausage Links* Peach Oatmeal* Cold Cereal Toast Fresh Fruit	Scrambled Eggs* Sausage* Cheesy Grits* Biscuit* Cold Cereal Toast Fresh Fruit*	Scrambled Eggs* Homefries* Canadian Bacon* Cold Cereal Toast* Fresh Fruit	Sausage Egg Biscuit* Fried Eggs Sausage Patty Cold Cereal Toast Fresh Fruit	Cheese Omelet* Fried Eggs Canadian Bacon* Maple Oatmeal* Cold Cereal Toast* Fresh Fruit
Lunch	Soup & Salad Bean Medley Soup House Salad* Fresh Fruit Entreés Pot Roast* Stuffed Chicken Sides Roasted Red Potatoes* Asparagus w/ Hollandaise Steamed Carrots Dinner Roll* Dessert Cheese Cake*	Soup & Salad Manhattan Clam Chowder Cole Slaw* Fresh Fruit Entreés Grilled Catfish* Salsibury Steak Sides Seasoned Rice* Creamed Spinach* Okra Corn Bread* Dessert Assorted Pies*	Soup & Salad Vegan Minestrone Soup House Salad* Fresh Fruit Entreés Chicken Parmesan* Italian Sausage Sides Spaghetti* Mixed Veg* Broccoli Garlic Bread* Dessert Yellow Cake*	Soup & Salad Garden Vegetable House Salad* Fresh Fruit Entreés Turkey Meatloaf* Vegetarian Chili In A Bread Bowl Sides Mashed Potatoes* Green Beans* Roasted Beets Cheese Sticks* Dessert Carrot Cake*	Soup & Salad Cream of Potato Soup Caesar Salad* Fresh Fruit Entreés Boneless Pork Chop* Veggie Stuffed Mushrooms Sides Cornbread Stuffing* Steamed Carrots* Steamed Cabbage Sourdough* Dessert Orange Cake*	Soup & Salad Soup Du Jour Mandarin Spinach Salad* Fresh Fruit Entreés Crusted Codfish* Fried Chicken Sides Cheesy Polenta* Mango Greens* Green Beans Dinner Roll* Dessert Dessert Du Jour*	Soup & Salad Broccoli Cheese Soup House Salad* Fresh Fruit Entreés Marinated Chicken Tenders* Cheese Burgers Sides Ranch Fries* Cauliflower* Fried Green Tomato Mini Bun Dessert Peach Pie*
Dinner	Soup & Salad Vegetable Barley Soup House Salad Fresh Fruit Entreés Chicken Pot Pie* Spaghetti & Meat Sauce Sides Lima Beans* Zucchini* Sliced Bread* Dessert Pudding*	Soup & Salad House Salad Fresh Fruit Entreés Beef Stew* Ravioli Sides Noodles* Mixed Veggies* Biscuit* Dessert Cookie*	Soup & Salad Soup Du Jour House Salad* Fresh Fruit Entreés Beef Casserole* Grilled Cheese Sandwich Sides Maple Sweet Potato Bites* Baked Pears* Dessert Coconut Cream Pie*	Soup & Salad French Onion Soup House Salad* Fresh Fruit Entreés Chicken & Dumplings* Ham Swiss Broccoli Quiche Sides Cream Corn Steamed Spinach* Dessert Fruit Cobbler*	Soup & Salad Split Pea Soup* House Salad Fresh Fruit Entreés Chicken Vegetable Casserole Fish Sandwich Sides Sliced Peaches* French Fries Sliced Bread* Dessert Egg Custard*	Soup & Salad Vegetable Soup House Salad Fresh Fruit Entreés Turkey & Gravy* Veggie Burgers Sides Mashed Potatoes* Broccoli* Dessert Cinnamon Roll*	Soup & Salad Chicken Noodle Soup House Salad Fresh Fruit Entreés Pizza Casserole* Egg Salad Sandwich Sides Succotash* Green Beans* Biscuit* Dessert Ice Cream*