



BROOKS-HOWELL HOME MENU



January week 2

	Sunday 6-Jan	Monday 7-Jan	Tuesday 8-Jan	Wednesday 9-Jan	Thursday 10-Jan	Friday 11-Jan	Saturday 12-Jan
Breakfast	Scrambled Eggs* Breakfast Potatoes* Sausage Links* Danish Cold Cereal Toast Fresh Fruit	Ham & Cheese Omelet* Bacon* Grits* Cold Cereal Toast* Fresh Fruit	Scrambled Eggs* Sausage Patty* Breakfast Potatoes* Peach Oatmeal* Cold Cereal Toast Fresh Fruit	Sausage Egg Biscuit* Fried Eggs Sausage Links* Oatmeal* Cold Cereal Toast Fresh Fruit	Scrambled Eggs* Bacon* Breakfast Potatoes* Oatmeal* Cold Cereal Toast Fresh Fruit	Scrambled Eggs* Canadian Bacon* Waffles & Fruit* Grits* Cold Cereal Toast Fresh Fruit	Cheese Omelet* Fried Eggs Sausage Patty* Biscuit & Gravy* Cold Cereal Toast Fresh Fruit
Lunch	Soup & Salad Corn Chowder House Salad* Fresh Fruit Entreés Herb Chicken* Roasted Lamb Sides Baked Sweet Potato * Sauted Cabbage Steamed Beets Corn Bread*	Soup & Salad Chicken & White Bean Soup House Salad* Fresh Fruit Entreés Stuffed Flounder* Turkey Pot Roast Sides Boiled Potatoes* Steamed Carrots* Roasted Parmesan Tomato Dinner Roll*	Soup & Salad Wedding Soup Italian Veggie Salad* Fresh Fruit Entreés Ribeye Steak* Shrimp Scampi Sides Buttered Polenta* Roasted Zucchini Spaghetti Squash Marinara Roll*	Soup & Salad House Veggie Soup Carrot Raisin Salad* Fresh Fruit Entreés Pork Tenderloin* Broc/Mushroom Stromboli Sides Rice Pilaf* Bacon & Brussels* Pinto Beans Flat Bread*	Soup & Salad Lentil Soup House Salad* Fresh Fruit Entreés BBQ Chicken* Baked Ham Sides Mashed Potatoes* Steamed Spinach* Baked Winter Squash Roll*	Soup & Salad Crab & Corn Chowder House Salad* Fresh Fruit Entreés Lemon Herb Salmon* Beef Stroganoff Sides Buttered Noodles* Country Green Beans* Broccoli Bread*	Soup & Salad Tomato Florentine Soup Garden Salad* Fresh Fruit Entreés Hamburger* Pizza Sides Macaroni & Cheese* Steamed Greens* Ranch Corn
Dinner	Soup & Salad Vegetable Soup House Salad Fresh Fruit Entreés Zucchini Beef Casserole* Egg Salad Sandwich Sides Seasoned Potatoes* Prince Charles Blend* Sliced Bread* Dessert Pudding*	Soup & Salad Broccoli Cheese Soup House Salad Fresh Fruit Entreés Meatballs & Marinara* Egg Plant Parmesan Sides Spaghetti* Mixed Vegetables* Herb Parmesan Toast* Dessert Eclaires*	Soup & Salad Beef Noodle Soup House Salad Fresh Fruit Entreés Ham & Swiss Quiche*(V) Sliced Turkey &Gravy Sides Stuffing* Broccoli* Dessert Ice Cream*	Soup & Salad Tomato Basil Soup House Salad Fresh Fruit* Entreés Chicken & Dumplings* Crescent Veggie Rolls Sides Baked Potato Normandy Veggies* Sliced Bread* Dessert Donut*	Soup & Salad Chicken Noodle Soup House Salad Fresh Fruit Entreés Cordon Bleu Casserole* Grilled Cheese Sandwich Sides Noodles* Green Peas* Roll* Dessert Fruit Cobbler*	Soup & Salad Split Pea Soup House Salad Fresh Fruit Entreés Turkey Pot Pie* Veggie Burger Sides Parmesan Jasmine Rice Mixed vegetables* Sliced Bread* Dessert Smores Squares*	Soup & Salad Soup Du Jour House Salad Fresh Fruit Entreés Baked Chicken Thighs* Crab Cake Sliders Sides Sweet Potato Fries* Steamed Cauliflower* Roll* Dessert Cookie*