








APRIL 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 April Fool's Day 9:00 Body Recall – MR 10:00 Chairacise – MR 3:30 <i>UMW March 23, 1869 Re-enactment - Chapel</i>	2 10:00 Music Together Chapel 10:00 Yoga – AB 3:15 Bible Study – IR 3:30 Butterfly Art – BTU Dining	3 9:00 Body Recall – MR 10:00 Noodle Ball – MR 1:00 Grocery Shopping 3:30 ACT Poetry Reading Chapel Foyer	4 10:00 Music Sing-A-Long Media Room 2:45 Choir – Chapel 3:15 Chapel Service	5 9:00 Body Recall – MR 10:00 Chairacise – MR 11:00 Video on Channel 57 3:00 Movie on Channel 57 “Xanadu” 3:15 Great Decisions – MR 3:30 Play Dough Sculpting BTU Dining	6 9:15 Rise-n-Shine with Laura 10:00 “Sunday” School – MR 3:30 <i>The Asheville Flute Choir Concert – Chapel</i>
7 10:55 Central UMC Worship Service Channel 57 3:30 Meditation – MR	8 9:00 Body Recall – MR 10:00 Chairacise – MR 3:30 <i>Storyteller/Musician Michael Rino-Harrell Chapel</i>	9 10:00 Music Together Chapel 10:00 Yoga – MR 3:15 Bible Study – IR 3:30 Planting Seeds - BTU Sunroom	10 9:00 Body Recall – MR 10:00 Noodle Ball – MR 3:30 Book Review – MR 3:30 Coloring Eggs – CHU	11 10:00 Music Sing-A-Long CHU 2:45 Choir – Chapel 3:15 Chapel Service	12 9:00 Body Recall – MR 10:00 Chairacise – MR 11:00 Video on Channel 57 11:30 Independent Lunch Bunch to Cheddar's 3:00 Movie on Channel 57 “Nanny McPhee Returns” 3:15 Great Decisions – MR	13 9:15 Rise-n-Shine with Laura 10:00 “Sunday” School – MR 3:30 Watercolor Painting Media Room
14 Palm Sunday 10:55 Central UMC Worship Service Channel 57 	15 9:00 Body Recall – MR 10:00 <i>Health Center Resident Council – MR</i> 11:15 <i>Therapy Educational Series #2 – “Living with Osteoarthritis” – MR</i> 3:30 Music from the 1960's BTU Lounge	16 10:00 Music Together Chapel 3:15 Bible Study – IR 3:30 Easter Hat Making BTU Dining	17 9:00 Body Recall – MR 10:00 Noodle Ball – MR 1:00 Grocery Shopping 3:30 Poetry of the Flowers CHU	18 Maundy Thursday 10:00 Music Sing-A-long Media Room 2:45 Choir – Chapel 3:15 Chapel Service Communion	19 Good Friday <i>Stations of the Cross in the Chapel</i> 9:00 Body Recall – MR 10:00 Chairacise – MR 3:00 Movie on Channel 57 “Miss Potter” 3:30 Visit Stations of the Cross	20 Passover 9:15 Pet Therapy – CHU 10:00 “Sunday” School – MR 3:30 Easter Hat Parade & Egg Hunt – BTU & CHU
21 Easter 10:55 Central UMC Worship Service Channel 57 	22 Earth Day 9:00 Body Recall – MR 10:00 Chairacise – MR 3:30 Earth Day JINGO Media Room	23 10:00 Music Together Chapel 10:00 Yoga – MR 3:15 Bible Study – IR 3:30 Travelogue to Alaska Media Room 7:00 Movie on Channel 57 The 2018 “Mary Poppins”	24 9:00 Body Recall – MR 10:00 Noodle Ball – MR  3:30 April Birthday Party Main Dining Room	25 10:00 Planting Outside 2:45 Choir – Chapel 3:15 Chapel Service – Earth Day Celebration	26 9:00 Body Recall – MR 10:00 Chairacise – MR 11:00 Video on Channel 57 3:00 Movie on Channel 57 The 1964 “Mary Poppins” 3:15 Great Decisions – MR	27 9:15 Rise-n-Shine with Laura 10:00 “Sunday” School – MR 3:30 Finger Painting for Fun Media Room
28 10:55 Central UMC Worship Service Channel 57 3:30 Egg Carton Flowers BTU Dining	29 9:00 Body Recall – MR 10:00 Chairacise – MR 3:30 Ice Cream on CHU Patio	30 10:00 Music Together Chapel 10:00 Yoga – MR 3:15 Bible Study – IR 3:30 Egg Toss Art – BTU Patio				MR – Media Room IR – International Room CHU – Cummings Unit AB – Activities Building BTU – Bancroft-Taylor Unit <i>Special concerts/events are in italics.</i> All activities outside the facility are in bold.