


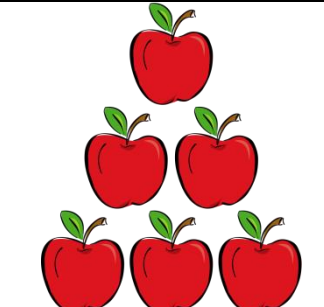


SEPTEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:55 Central UMC Worship Service Channel 57	2 <i>Labor Day</i> 9:00 Body Recall – MR 10:00 Chairacise – MR 3:30 Labor Day Trivia BTU Lounge	3 10:00 Chair Square Dance Chapel 10:00 Yoga – AB 3:30 Talking Circle – MR 3:30 Make a Scarecrow BTU Patio	4 9:00 Body Recall – MR 10:00 Noodle Ball – MR 11:00 Bible Study – IR 1:00 Grocery Shopping 3:30 ACT Poetry Reading Chapel Foyer	5 10:00 Music Sing-along Media Room 2:45 Choir – Chapel 3:15 Chapel Service	6 <i>National Food Bank Day</i> 9:00 Body Recall – MR 10:00 Chairacise – MR 3:00 Movie on Channel 57 “Lassie” 3:30 Craft - CHU	7 9:15 Rise-n-Shine with Laura 10:00 “Sunday School” – MR 3:30 Leaf Painting - BTU
8 10:55 Central UMC Worship Service Channel 57	9 9:00 Body Recall – MR 10:00 Chairacise – MR 3:30 <i>“This is Your Life – Fay Biles” - MR</i>	10 10:00 Music Together Chapel 10:00 Yoga – AB 3:30 Face Drawing - BTU 7:00 IL Game Night – AB	11 9:00 Body Recall – MR 10:00 Noodle Ball – MR 11:00 Bible Study – IR 3:30 Book Review – MR 3:30 Silly Song Writing BTU	12 10:00 Music Sing-along CHU 2:45 Choir – Chapel 3:15 Chapel Service	13 <i>National Peanut Day</i> 9:00 Body Recall – MR 10:00 Chairacise – MR 3:00 Movie on Channel 57 “Rascal” 3:30 Craft - CHU	14 8:45 Leave for UMW Mission Service at Lake Junaluska 9:15 Rise-n-Shine with Laura 10:00 “Sunday” School – MR 3:30 Quirky Cork Sculptures BTU
15 10:55 Central UMC Worship Service Channel 57	16 9:00 Body Recall – MR 10:00 Chairacise – MR 10:30 <i>IL Better Business Bureau Presentation - Chapel</i> 3:30 Ice Cream on CHU Patio	17 10:00 Music Together Chapel 10:00 Yoga – AB 3:30 Goggle Fun – BTU	18 9:00 Body Recall – MR 10:00 Noodle Ball – MR 11:00 Bible Study – IR 1:00 Grocery Shopping 3:30 September Birthday Party – Main Dining Room	19 <i>Talk Like a Pirate Day</i> 10:00 Music Sing-along Media Room 2:45 Choir – Chapel 3:15 Chapel Service	20 9:00 Body Recall – MR 10:00 Chairacise – MR 11:15 HC, IL, & families Lunch Bunch to Early Girl Cafe 3:00 Movie on Channel 57 “State Fair” 3:30 Craft – CHU	21 9:15 Pet Therapy 10:00 “Sunday” School – MR 3:30 Shell Art – BTU
22 10:55 Central UMC Worship Service Channel 57	23 <i>Fall begins</i> 9:00 Body Recall – MR 10:00 Chairacise – MR 3:30 Creation Care Program on Coal (Video) – MR 3:30 Coffee Filter Leaves BTU Sunroom	24 <i>Bluebird of Happiness Day</i> 10:00 Music Together Chapel 10:00 Yoga – AB 3:30 Travelogue to Greece Media Room 7:00 IL Game Night – AB	25 <i>Employee Appreciation</i> 9:00 Body Recall – MR 10:00 Noodle Ball – MR 11:00 Bible Study – IR 3:30 School Days Reminiscing – BTU	26 10:00 Music Sing-along CHU 2:45 Choir – Chapel 3:15 Chapel Service	27 9:00 Body Recall – MR 10:00 Chairacise – MR 3:00 Movie on Channel 57 “Apollo 11” 3:30 Craft – CHU	28 9:15 Rise-n-Shine with Laura 10:00 “Sunday” School – MR 3:30 Stick Figure Drawing BTU
29 10:55 Central UMC Worship Service Channel 57	30 <i>National Love People Day</i> 9:00 Body Recall – MR 10:00 Chairacise – MR 3:30 Rhythm Instruments BTU Lounge					IL – Independent Living MR – Media Room IR – International Room CHU – Cummings Unit AB – Activities Building BTU – Bancroft-Taylor Unit <i>Special concerts/events are in italics.</i> All activities outside the facility are in bold.