




JANUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Year's Day 9:00 Body Recall – MR 10:00 Noodle Ball – MR 11:00 Bible Study – IR 3:30 ACT Poetry Reading Chapel Foyer	2 10:00 Music Sing-along Media Room 2:45 Choir – Chapel 3:15 Chapel Service	3 9:00 Body Recall – MR 10:00 Chairacise – MR 3:00 Movie on Channel 57 “Happy Feet 1” 3:30 Paper Snow Craft – CHU	4 9:15 Rise-n-Shine with Laura 10:00 “Sunday School” – MR 3:30 Beaded Snowflakes BTU
5 10:55 Central UMC Worship Service Channel 57	6 Epiphany 9:00 Body Recall – MR 10:00 Chairacise – MR 3:30 “What you wanted to know about Epiphany, but never asked.” – BTU	7 10:00 Music Together Chapel 10:00 Yoga – MR 3:30 Winter Collage – BTU	8 9:00 Body Recall – MR 10:00 Noodle Ball – MR 11:00 Bible Study – IR 3:30 Book Review – MR 3:30 Memory Lane - BTU	9 10:00 Music Sing-along CHU 2:45 Choir – Chapel 3:15 Chapel Service	10 9:00 Body Recall – MR 10:00 Chairacise – MR 3:00 Movie on Channel 57 “Happy Feet 2” 3:30 Penguin Craft – CHU	11 National Milk Day 9:15 Rise-n-Shine with Laura 10:00 “Sunday School” – MR 3:30 Painting Winter – MR
12 10:55 Central UMC Worship Service Channel 57	13 9:00 Body Recall – MR 10:00 Chairacise – MR 3:30 “Guinness World Book of Records” – BTU	14 10:00 Music Together Chapel 10:00 Yoga – MR 3:30 Bingo – BTU 7:00 IL Game Night – MR	15 National Bagel Day 9:00 Body Recall – MR 10:00 Noodle Ball – MR 11:00 Bible Study – IR 1:00 Grocery Shopping 3:30 Manicures & Hand Massages – BTU	16 10:00 Music Sing-along Media Room 2:45 Choir – Chapel 3:15 Chapel Service	17 9:00 Body Recall – MR 10:00 Chairacise – MR 3:00 Movie on Channel 57 Disney’s “101 Dalmatians” 3:30 Cotton ball Snow Painting CHU	18 9:15 Pet Therapy 10:00 “Sunday” School – MR 3:30 Snowball Battle Games BTU
19 10:55 Central UMC Worship Service Channel 57	20 Martin Luther King, Jr. Day 9:00 Body Recall – MR 10:00 <i>Health Center Resident Council – MR</i> 3:30 Coloring Club – BTU	21 10:00 Music Together Chapel 10:00 Yoga – MR 3:30 Travelogue to Africa Media Room	22 9:00 Body Recall – MR 10:00 Noodle Ball – MR 11:00 Bible Study – IR 3:30 January Birthday Party Main Dining Room	23 National Pie Day 10:00 Music Sing-along CHU 2:45 Choir – Chapel 3:15 Chapel Service	24 Peanut Butter Day 9:00 Body Recall – MR 10:00 Chairacise – MR 11:30 IL Lunch Bunch to Fireplace Restaurant 3:00 Movie on Channel 57 “Ice Age: The Meltdown” 3:30 Sock Snow People – CHU	25 9:15 Rise-n-Shine with Laura 10:00 “Sunday” School – MR 3:30 Popsicle Stick Snowflakes – BTU
26 10:55 Central UMC Worship Service Channel 57	27 9:00 Body Recall – MR 10:00 Chairacise – MR 3:30 Creation Care Program Media Room 3:30 Build LEGO Structures BTU	28 National LEGO Day 10:00 Music Together Chapel 10:00 Yoga – MR 3:30 Make a Musical Instrument – BTU 7:00 IL Game Night – MR	29 9:00 Body Recall – MR 10:00 Noodle Ball – MR 11:00 Bible Study – IR 1:00 Grocery Shopping 3:30 Storytelling – BTU	30 10:00 Music Sing-along Media Room 2:45 Choir – Chapel 3:15 Chapel Service	31 9:00 Body Recall – MR 10:00 Chairacise – MR 3:00 Movie on Channel 57 “March of the Penguins” 3:30 Make Valentines – CHU	Brooks-Howell Home Calendar AB – Activities Building BTU – Bancroft-Taylor Unit CHU – Cummings Unit HC – Health Center IL – Independent Living IR – International Room MR – Media Room <i>Special concerts/events are in italics.</i> All activities outside the facility are in bold.