

BROOKS-HOWELL HOME MENU

Fall Winter Week 3

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30-Aug	31-Aug	1-Sep	2-Sep	3-Sep	4-Sep	5-Sep
Breakfast	Scramble Eggs* Pancakes* Sausage Patty*	Scramble Eggs* Biscuits & Sausage Gravy*	Scramble Eggs* Sausage Links* Waffle*	Western Omelet Bake* Fried Eggs Bacon* Cheese Grits	Cheese Omelet* Bacon* Muffin*	Scrambled Eggs* Canadian Bacon* Peach Oatmeal*	Cheesy Scrambled Eggs* Hearty Hash Browns* Sausage* Grits
	Cold Cereal Toast Fresh Fruit	Fried Eggs Oatmeal* Cold Cereal Toast Fresh Fruit	Cold Cereal Toast Fresh Fruit	Cold Cereal Toast Fresh Fruit	Cold Cereal Toast Fresh Fruit	Cold Cereal Toast Fresh Fruit	Cold Cereal Toast* Fresh Fruit
Lunch	Soup & Salad Chicken Dumpling Soup House Salad Fresh Fruit	Soup & Salad Beef & Vegetable Soup Tossed Salad Fresh Fruit	Soup & Salad Cream Of Celery Soup Garden Salad Fresh Fruit	Soup & Salad Cheddar Potato Soup House Salad Fresh Fruit	Soup & Salad Cream of Mushroom Soup Garden Salad Fresh Fruit	Soup & Salad Chicken Vegetable Soup Garden Salad Fresh Fruit	Soup & Salad Broccoli Cheese Soup House Salad Fresh Fruit
	Entreés Roast Pork* Roast Turkey	Entreés BBQ Pulled Beef/Bun* Spinach Lasagna Rolls	Entreés Glazed Beef Popcorn Shrimp*	Entreés Chicken Jambalaya* Stuffed Mushroom	Entreés Apple Pork Chop* Pepper Steak	Entreés Tilapia Almandine* Beef with Broccoli	Entreés Chicken Marsala Corn Beef *
	Sides Mashed Potato* Steamed Cabbage Mixed Vegetable Dinner Roll*	Sides Baked Beans* Coleslaw* Capri Vegetable Blend Roll	Sides Baked Potatoes* Carrots* Roasted Cauliflower Hushpuppies*	Sides White Rice* Peas Fried Okra* Dinner Roll	Sides Sweet Potato Wedges* Collard Greens* Caribbean Veggies Honey Wheat Roll*	Sides Lemon Rice with Peas* Broccoli* Oriental Vegetable Blend Honey Wheat Roll*	Sides Red Potatoes* Fried Cabbage* Steamed Beets Garlic Bread*
	Dessert Cheesecake*	Dessert Fruited Jello*	Dessert Blueberry Pie*	Dessert Coconut Cake*	Dessert Banana Pudding*	Dessert Gingerbread/lemon sauce*	Dessert Strawberry Short Cake*
Dinner	Soup & Salad House Salad Fresh Fruit	Soup & Salad Minestrone Soup Tossed Salad Fresh Fruit	Soup & Salad Soup Du Jour House Salad Fresh Fruit	Soup & Salad Soup Du Jour House Salad Fresh Fruit	Soup & Salad Soup Du Jour House Salad	Soup & Salad Soup Du Jour House Salad Fresh Fruit	Soup & Salad Tossed Salad Fresh Fruit
	Entreés Salmon Patty* Chicken & Stuffing Casserole	Entreés Chicken Stir Fry* Corn Dog	Entreés Ham Slice* Turkey Salad Sandwich	Entreés Cheeseburger/Bun* Tuna Pasta Bake	Entreés Quiche* Dijon Chicken	Entreés Hot Turkey Sandwich Marinara Meat Sauce*	Entreés Beef Stew BBQ Pork *
	Sides Wild Rice Blend* Creamy Peas & Peppers* Sliced Bread*	Sides Fried Rice* Oriental Vegetables* Green Bean	Sides Three Cheese Macaroni* Stewed Tomatoes* Marinated Cucumbers	Sides Steak Fries* Creamy Cole Slaw* Green Bean	Sides Hasnbrown Patty* Tomato Wedges* Chalet Garlic Vegetable	Sides Carrots* Mashed Potatoes Bread Stick* Spaghetti*	Sides Corn Pudding* Green Beans* Cornbread*
	Dessert Fresh Fruit Cup*	Dessert Lemon Bar*	Dessert Cookie*	Dessert Ice Cream*	Dessert Fresh Melon*	Dessert Mousse	Dessert Peaches & Cream*