

# BROOKS-HOWELL HOME MENU

Fall Winter Week 5

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>	13-Sep Scrambled Eggs* Fried Eggs Sausage* Cinnamon Roll*  Cold Cereal Toast Fresh Fruit*	14-Sep Cheese Omelet* Canadian Bacon* Oatmeal*  Cold Cereal Toast* Fresh Fruit	15-Sep Scrambled Eggs* Waffles Sausage Links* Grits  Cold Cereal Toast* Fresh Fruit*	16-Sep Cheddar Omelet* Fried Eggs Bacon*  Cold Cereal Wheat Toast* Fresh Fruit	17-Sep Scrambled Eggs* Fried Eggs Hash Brown Patty* Sausage Patty*  Cold Cereal Toast Fresh Fruit*	18-Sep Scrambled Eggs* Bacon* Biscuit* Oatmeal  Cold Cereal Toast Fresh Fruit	19-Sep Western Omelet Bake* Sausage* Grits*  Cold Cereal Wheat Toast* Fresh Fruit*
	<b>Lunch</b>	<b>Soup &amp; Salad</b> Sweet corn & Crab Chowder House Salad Fresh Fruit  <b>Entreés</b> Roast Beef* Citrus Pepper Salmon  <b>Sides</b> Mashed Potatoes* Northern Veggie Blend* Garden Veggie Pasta Dinner Roll*  <b>Dessert</b> Lemon Mousse Cake*	<b>Soup &amp; Salad</b> Mushroom Potato Soup Garden salad Fresh Fruit  <b>Entreés</b> Honey Dijon Chicken* Swiss Steak  <b>Sides</b> Baked Sweet Potato* Broccoli* Sunshine Carrots Roll*  <b>Dessert</b> Strawberry Pie*	<b>Soup &amp; Salad</b> Chicken Tortilla Soup Sweet Cabbage Slaw Fresh Fruit  <b>Entreés</b> Pot Roast* Herb Chicken Breast  <b>Sides</b> Red Skin Mash* Green Bean & Mushroom* Caribbean Veggie Blend Honey Wheat Roll*  <b>Dessert</b> Lemon Bar*	<b>Soup &amp; Salad</b> Spinach Tortellini Soup Couscous Pasta Salad Fresh Fruit  <b>Entreés</b> Pork Loin /Cornbread Stuffing* Turkey Stroganoff  <b>Sides</b> Collard Greens* Peas Wheat Roll*  <b>Dessert</b> Brownie*	<b>Soup &amp; Salad</b> Cream Of Celery Soup House salad Fresh Fruit  <b>Entreés</b> Baked Chicken* Breaded Pork Chop  <b>Sides</b> Baked potato* Mushroom Bake Winter Blend Vegetables* Dinner Roll*  <b>Dessert</b> Cherry Pie*	<b>Soup &amp; Salad</b> Cream of Broccoli Soup Potato Salad Fresh Fruit  <b>Entreés</b> Creole Shrimp* Italian Meatball Sub  <b>Sides</b> Cheese Grits* Italian Green Beans* Fried Okra Corn Muffin*  <b>Dessert</b> Coconut Cream Pie*
<b>Dinner</b>	<b>Soup &amp; Salad</b> Soup Du Jour House Salad Fresh Fruit  <b>Entreés</b> Fajita Casserole* Portabella Swiss Burger  <b>Sides</b> Seasonal Beans* Garden Seasoned Broccoli Dinner Roll*  <b>Dessert</b> Cheese Cake*	<b>Soup &amp; Salad</b> Creamy Veggie Soup* House Salad Fresh Fruit  <b>Entreés</b> Grilled Ham& Cheese sand* Beef Stir Fry/Rice  <b>Sides</b> Steak Fries* Mived Vegetables Roll  <b>Dessert</b> Sliced Peaches*	<b>Soup &amp; Salad</b> Soup Du Jour House Salad* Fresh Fruit  <b>Entreés</b> Vegetable Lasagna* Lemon Pepper Turkey  <b>Sides</b> Green Beans Garlic Toast*  <b>Dessert</b> Emerald Pears*	<b>Soup &amp; Salad</b> Soup Du Jour Cole Slaw* Fresh Fruit  <b>Entreés</b> Oven Fried Cod* French Dip Sandwich  <b>Sides</b> Waffle Fries* Cream Corn Yeast Roll*  <b>Dessert</b> Fruit Cup*	<b>Soup &amp; Salad</b> Minestrone Soup House Salad Fresh Fruit  <b>Entreés</b> Ham & Cheese Quiche* Chef's Salad  <b>Sides</b> ParmesanBaked Tomato*  Muffin*  <b>Dessert</b> Baked Apples*	<b>Soup &amp; Salad</b> Soup Du Jour Marinated Cucumbers Fresh Fruit  <b>Entreés</b> Fried Chicken* Hot Dog  <b>Sides</b> Northern Beans* Season Turnip Green* Roll*  <b>Dessert</b> Brownie *	<b>Soup &amp; Salad</b> Soup Du Jour Cottage Cheese & Peaches Fresh Fruit  <b>Entreés</b> Cabbage Roll* Chicken Caesar Wrap  <b>Sides</b> Capri Vegetable Blend Roll*  <b>Dessert</b> Fresh Melon*